



COURSE GUIDE 2023

HLT52021 DIPLOMA OF REMEDIAL MASSAGE

Why Equinim College?

At Equinim College we understand what it takes for someone to truly learn and we go beyond the recommendations of industry to make sure the training includes real-world practical skills and everything you need to be career-ready. To us you are not just another student, you are a valued person whose experience matters. The Equinim College way:

- High quality spacious campuses that students enjoy going to
- Trainers who not only know their industry but are great teachers
- Team members who are people focussed with great interpersonal skills
- Management team that is focused on providing quality
- Industry relationships that are vetted for student experience
- College and campus standards of respect, inclusiveness and community
- Modern leading education framework that challenges and evolves



Government Accredited

We work hard to provide our students with unsurpassed levels of education and service. We run courses in nationally recognised and accredited qualifications which means they have been found to meet the stringent education quality standards developed by industry and endorsed by the Government.

Equinim College is a Registered Training Organisation (RTO) and is approved to deliver the following massage course:

- HLT52021: Diploma of Remedial Massage

For other courses which Equinim College is approved to offer, please see our

website, at www.equinimcollege.com

Government Accredited qualifications are highly valued by employers and are sought after by those developing a career.

Job Ready Skills

At Equinim College we understand the importance of needing to be 'job ready' when you graduate. This means that upon graduation you should be able to commence working in your chosen industry with little to no on-the-job training. Being job ready allows the graduate to commence working and earning from completion. It also relieves the stress and burden on employers to spend time and money on training graduates for job roles.

We achieve job ready by focusing on the practical skills that are actually performed in the job. We make sure our training is up to date and relevant to what workers actually experience.



Your Qualification

On successful completion of the qualification you will receive a:

- certificate of award of the qualification, recognised within the Australian Qualifications Framework
- official academic transcript

With a strong emphasis on practical training, Equinim College graduates emerge job ready and at the leading edge of the industry.

Nationally Recognised Training

Equinim College is registered to deliver Nationally Recognised Training in the below massage qualification. Therefore, your qualification will include the Nationally Recognised Training Logo.

Equinim College's Registered Training Organisation Number is 45758.

**HLT52021 Diploma of
Remedial Massage**



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// Course Information

The Diploma of Remedial Massage course is designed to teach you the knowledge and practical skills to be a remedial massage therapist. Remedial massage is using massage as a form of applied remedy to musculoskeletal ailments. In the Diploma of Remedial Massage you will learn skills such as: Remedial and Sports massage, Deep tissue massage, Relaxation massage, Joint Loosening, Stretching, Injury and Clinical Assessment, Strength and Conditioning as well as human movement assessment techniques. Our training is designed to make you job ready, meaning you can start as soon as you graduate.

Course Details

Equinim College delivers nationally recognised training for the HTL52015 Diploma of Remedial Massage. This course is delivered by highly qualified and industry expert trainers.

Qualification	HLT52021 Diploma of Remedial Massage
School	Health
Study Method	On-Campus
Duration	12 Months
Class Hours (per week)	15 On-campus, 5 Online
Delivery Locations	Sydney, Brisbane, Perth

Note: Classes are held as 3 x half-day shifts per week. Students are required to attend the allocated morning or afternoon session as per their timetable. Students are allocated holiday periods.

HLT52021 Diploma of Remedial Massage

COURSE SUBJECTS:

The Diploma of Remedial Massage consists of 15 subjects.

- 1 Massage Therapy
- 2 Human Biology
- 3 Client Communication
- 4 Diversity in the Workplace
- 5 Clinical Practice 1
- 6 Remedial & Sports Massage Skills 1 & 2
- 7 Business Practices
- 8 Client Health Information
- 9 Professional Healthcare
- 10 Strength & Conditioning
- 11 Safe Practices
- 12 Injury & Clinical Assessment
- 13 Legal & Ethical
- 14 Develop and Market Practice
- 15 Clinical Practice 2

The qualification received provides the skills in remedial massage practice. Subject to meeting all requirements, graduates will be able to register with Medibank Private allowing clients to receive rebates.

YOU WILL BE ABLE TO WORK IN A:

- private clinic with provision for Medibank Private rebates, subject to meeting all course requirements.
- larger health service alongside chiropractors, physiotherapists, naturopaths and other health care professionals
- complementary or medical service providing injury management and rehabilitation
- national & international sporting environment
- business & corporate sector

OCCUPATIONAL TITLE:

- Remedial Massage Therapist

This course is compliant with the Government endorsed national standards for Remedial Massage Practitioners.

HEALTH TRAINING PACKAGE

Upon completion of Diploma of Remedial Massage (Subjects 1–15) students will achieve the following Qualification and Units of Competency from the Health Training Package.



HLT52021 DIPLOMA OF REMEDIAL MASSAGE

CORE UNITS+

- BSBESB401 Research and develop business plansC
- CHCCOM006 Establish and manage client relationships
- CHCDIV001 Work with diverse people
- CHCLEG003 Manage legal and ethical requirements
- CHCPOL003 Research and apply evidence to practice
- CHCPRP005 Engage with health professionals and the health system
- HLTAAP002 Confirm physical health status
- HLTAAP003 Analyse and respond to client health information
- HLTINF004 Manage the prevention and control of infection
- HLTMSG009 Develop massage practice
- HLTMSG010 Assess client massage needs
- HLTMSG011 Provide massage treatments
- HLTMSG013 Perform remedial massage musculoskeletal assessments
- HLTMSG014 Provide remedial massage treatments
- HLTMSG015 Adapt remedial massage treatments to meet specific needs
- HLTMSG016 Apply principles of pain neuroscience
- HLTMSG017 Apply remedial massage clinical practice
- HLTWHS003 Manage work health and safety

ELECTIVE UNITS

- SIRXOSM002 Maintain ethical and professional standards when using social medial and online platforms
- SISXCAI009 Instruct strength and conditioning techniques
- SISXCAI010 Develop strength and conditioning programs



// Private Health Funds

Private health funds can enable members of the fund to obtain a rebate on remedial massage by approved providers. Private health funds set requirements which therapists must meet in order to be an approved provider. In the massage industry, Medibank Private sets the benchmark for education required to attain approved provider status. For instance, study of the Diploma course is required by Medibank Private to be on campus. Private health fund requirements can be changed at the discretion of the private health fund at any time. For further information please see our website www.equinimcollege.com.

// Associations

Equinim College works closely with various stakeholders in the massage industry including recognised professional associations providing you with a course that leads to association membership. Equinim College students can take out student membership with professional massage associations while studying if they choose to, and/or apply for professional membership upon graduation. Equinim College

is an industry leader and has consistently been raising the standard of professionalism in massage through their education. Equinim College currently works with the following industry bodies, comprising professional associations, peak bodies in education, and wider industry stakeholders:



Actual View From Sydney Campus Lunch Room



// World Class Training

Equinim College uses a unique massage training system so your learning is more effective and can be achieved in a shorter space of time. Our world class training provides you with lots of hands-on practice sessions and only the essential, up-to-date skills and knowledge are taught.

// Awesome Career

Imagine working in an industry which is exciting, motivating and growing. Massage is a hands-on career that with the correct training can support with musculoskeletal ailments, injuries and more. The opportunities are endless - graduates can work with holiday makers on cruise ships in the Caribbean, skiers at the snowfields in Alaska and business executives in New York.

// Learning Made Easy

Equinim College provides world class training that works for you. We use a unique flexible training system to maximise the value you get from your learning. As well as meeting all government guidelines, our flexible course timetable allows you to learn at your own pace.



HLT52021

Diploma of Remedial Massage

Course Guide V23.01

Sydney

Melbourne

Brisbane

Perth

Adelaide

Newcastle

Darwin

Launceston

Townsville

